

## 預約服務

服務必須經由本院或訪院醫生預約。如欲經由本院醫生轉介者，請聯絡本院門診部，電話：2200 3102；如經由訪院醫生轉介，可由訪院醫生與本部門聯絡

## Appointment

Booking are arranged by the referring doctors. Please contact your doctor or the Outpatient Department of our hospital at 2200 3102

## 查詢詳情

閣下如欲了解服務詳情，可致電本中心：  
(852) 2200 3242

## Enquiry

Please contact 2200 3242 for further information

## 參考資料 / References:

歐洲泌尿外科學會體外碎石指引 / 醫院管理局智友站

Walsh, P. C., Retik, A. B., Vaughan, E. D. & Wein, A. J. (2002). Campbell's Urology. (8th ed.). Philadelphia: Saunders.

生效日期: 二零二二年三月一日

Effective Date: 1 March 2022

PFE-EPI-6-011



Tel: 22003434

Website: [www.sth.org.hk](http://www.sth.org.hk)

- 本院設有「八達通」時鐘泊車服務  
We provide Octopus hourly parking service
- 公共小巴綠色專線 / Green Line Public Bus: 2, 17M, 25M, 46, 70
- 紅色非專線: 旺角往新蒲崗 / 黃大仙 / 九龍城  
Red Line Minicab: Mongkok to San Po Kong / Wong Tai Sin / Kowloon City
- 公共巴士 / Public Bus : 1, 1A, 2A, 6D, 7B, 9, 12A, 13D, 16, 24, 27, 42, 95, 98C, 113, 203E, 296C, N216
- 港鐵 / MTR
- ※ 樂富站轉乘的士約五分鐘到達  
Lok Fu Station: 5 mins by taxi
- ※ 旺角站轉乘非專線小巴(近先達廣場)至露明道  
Mongkok Station: by red line minicab, get off at Lomond Road
- ※ 宋皇台: B1 出口, 可步行 5-10 分到達 Sung Wong Toi: Exit B1, about 5-10 minutes walk
- 東鐵 / East Rail Line
- ※ 旺東可換乘的士約五分鐘到達 Mongkok East: about 5 minutes by taxi
- ※ 九龍塘可換乘專線小巴 25M 至界限街 Kowloon Tong: by green line bus no. 25M
- 復康巴士電召服務 / Rehabus (Dial a Ride) : 28178154




St. Teresa's Hospital  
聖德肋撒醫院

# 膀胱動力測試 Urodynamic Study

## 程序簡介

## Examination Information



# 膀胱動力測試

## Urodynamic Study

### 體外碎石暨泌尿外科中心

### Lithotripter & Urology Centre

聖德肋撒醫院東座四樓

4/F, Block East, St. Teresa's Hospital

電話 / Tel: (852) 2200 3242

辦公時間 / Working Hour:

星期一至星期五 / Mon to Fri: 08:00 to 16:00

星期六 / Sat : 08:00 to 12:00

星期日及公眾假期休息

Closed on Sunday and public holidays

### 簡介

主要目的為測試膀胱內的壓力、尿道口開啟及關閉能力、尿道口有否阻塞及知悉膀胱的貯存及排空能力。

### Introduction

This study is to detect and record any abnormal function of the bladder and the lower urinary tract during storage and during voiding of urine

### 檢查過程

1. 醫護人員會將兩條喉管放入病人體內，一條經尿道放入膀胱，另一條經肛門放入直腸，然後駁上儀器。
2. 生理鹽水會經喉管慢慢地注入膀胱，過程中，病人需嘗試儲尿及將膀胱感覺告知醫護人員。
3. 醫護人員會於適當時指示病人將小便排出。
4. 測試完畢，醫護人員會將放入之喉管除去

### Procedure

1. We will insert 2 pressure lines for you. One pressure line is inserted through your urethra into your bladder. The other pressure line is inserted through your anus into the rectum. These 2 pressure lines will then be fixed with tape and connected to the Urodynamics Investigation Machine.
2. The bladder will be filled with sterile normal saline slowly. Try to hold your bladder and tell doctor or nurse your bladder sensation accordingly
3. Try to void comfortably following doctor or nurse instruction.
4. All pressure lines will be removed after procedure.

### 測試後偶見及罕見之併發症

- ※ 短暫時間小便帶血及疼痛。
- ※ 泌尿系統感染。
- ※ 因放置尿管而刺穿尿道或膀胱之情況罕見。

### Possible risks and complications

- ※ May have mild blood in urine or discomfort on urination in the immediate post-investigation period.
- ※ Urinary tract infection.
- ※ Trauma to the lower urinary tract during the procedure is very rare.

聖德肋撒醫院 St. Teresa's Hospital

太子道 327 號 327, Prince Edward

電話 / Tel: (852)-22003434

Website: [www.sth.org.hk](http://www.sth.org.hk)